

**2023**



**01 & 02  
AVRIL**



**SALLE DU CONSEIL MUNICIPAL  
HOTEL DE VILLE de TROYES**



Coeur  
National  
Coronaire  
France

***LE CŒUR EN RYTHME***

# **La Stimulation Physiologique Permanente**

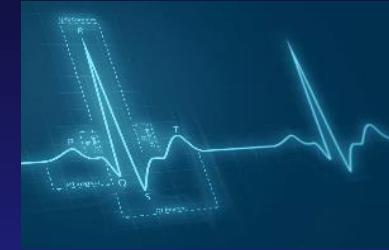
**Dr Jérémie Sorrel, Rythmologie Mulhouse**

# Déclaration de conflits d'intérêts

- Aucune rémunération pour la présentation
- Medtronic                          Formateur France en Stimulation Physiologique
- Biotronik                          Consultant Scintifique

# Définitions

- Stimulation Hissienne
  - His Bundle Pacing
- Capture de Branche Gauche
  - Left Bundle Branch Pacing



Stimulation des Voies de Conduction Physiologiques  
**Conduction System Pacing**

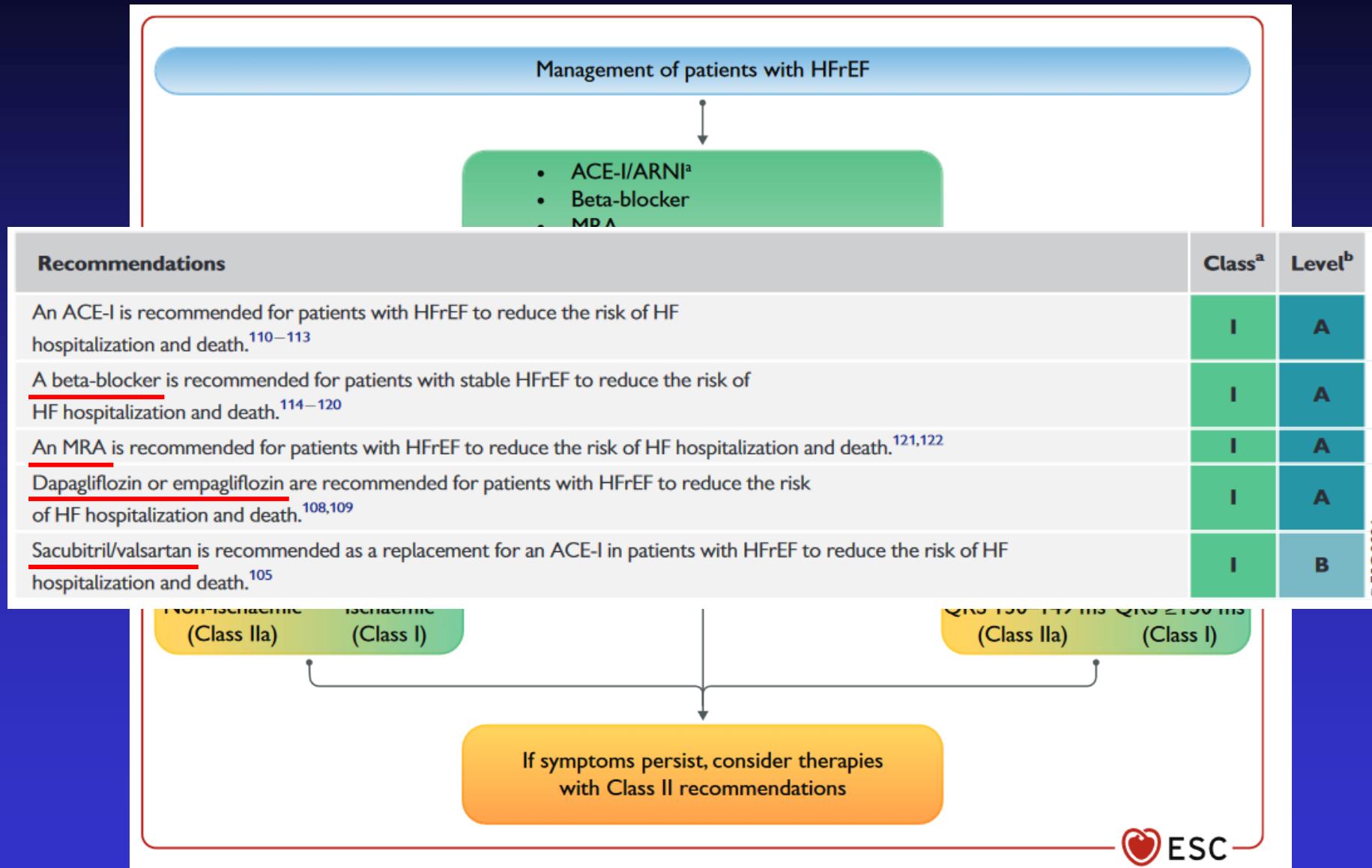
# Points forts

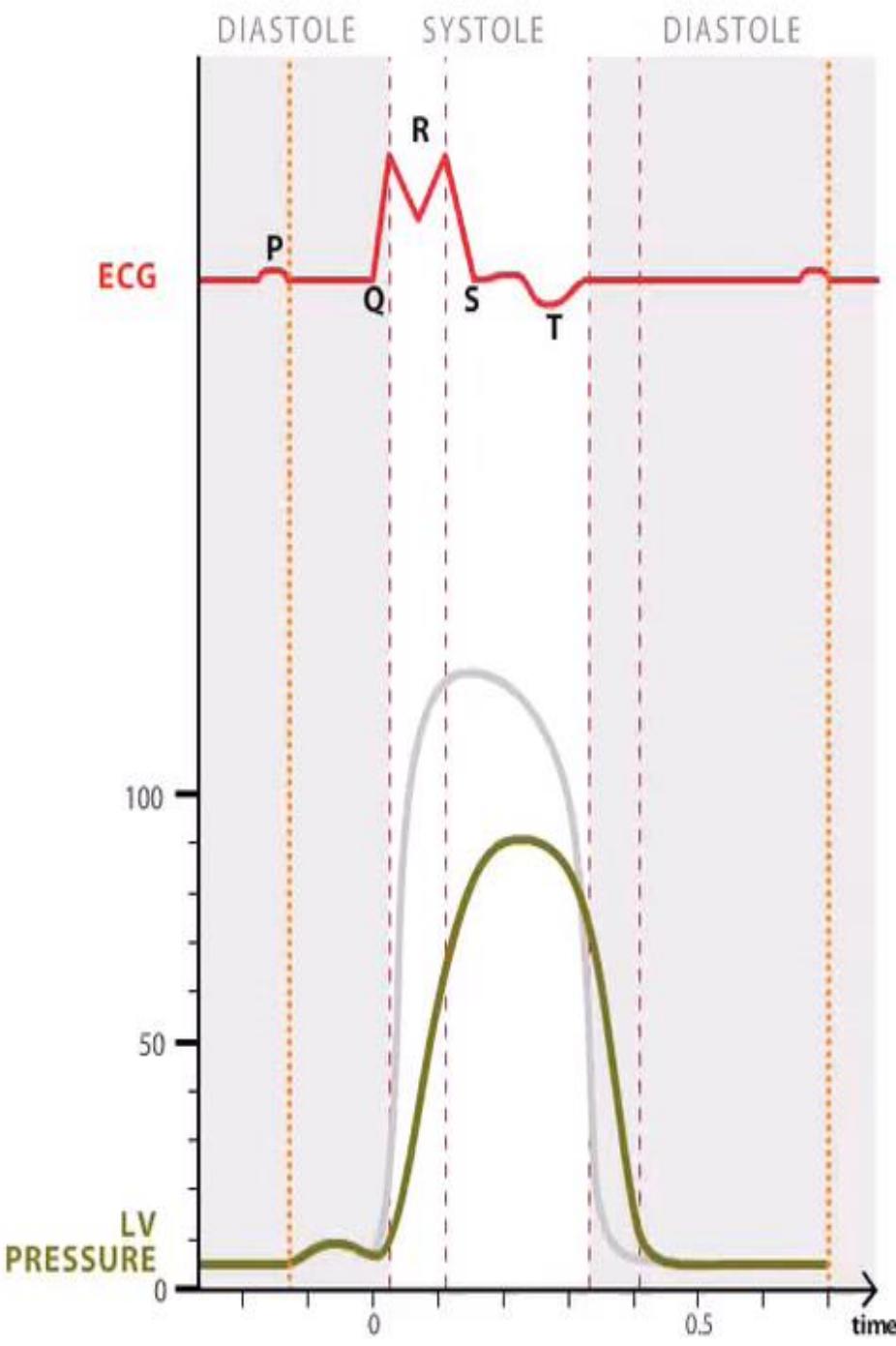
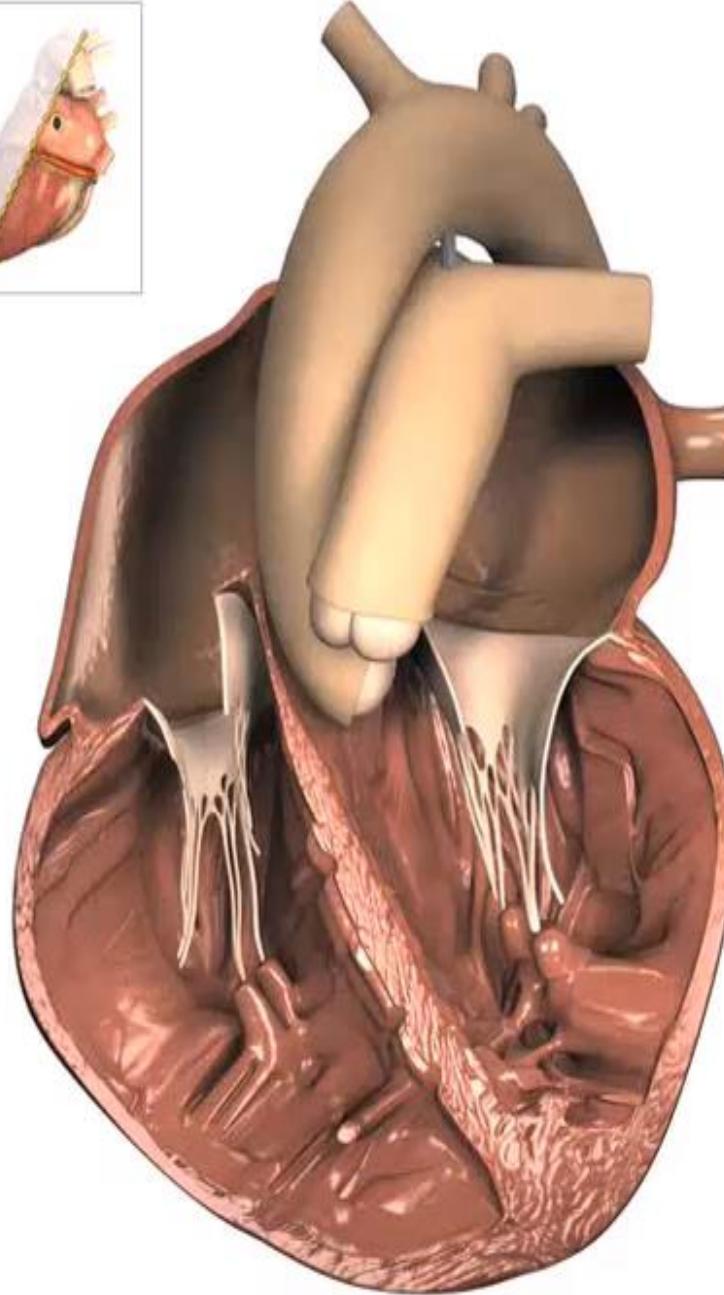


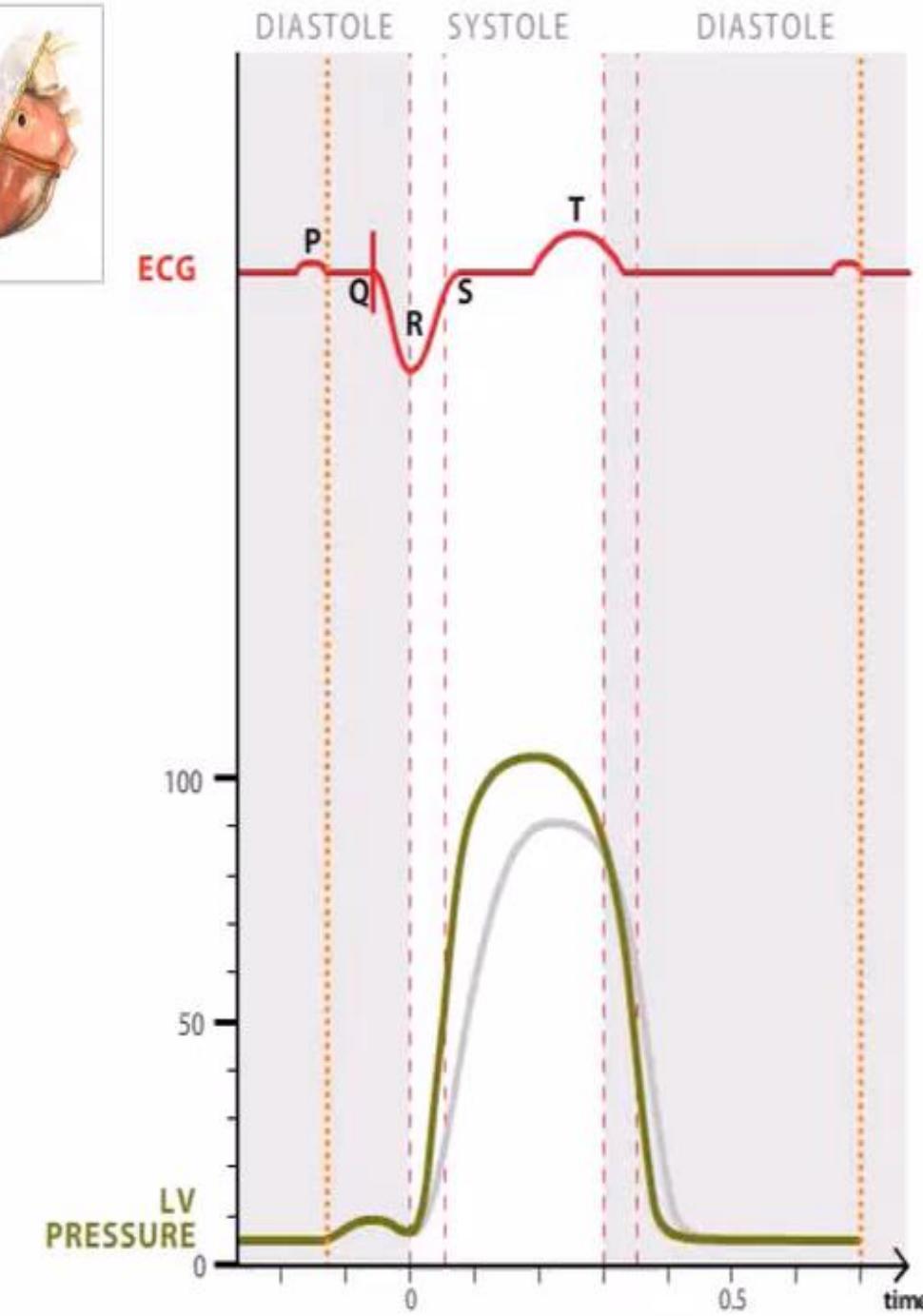
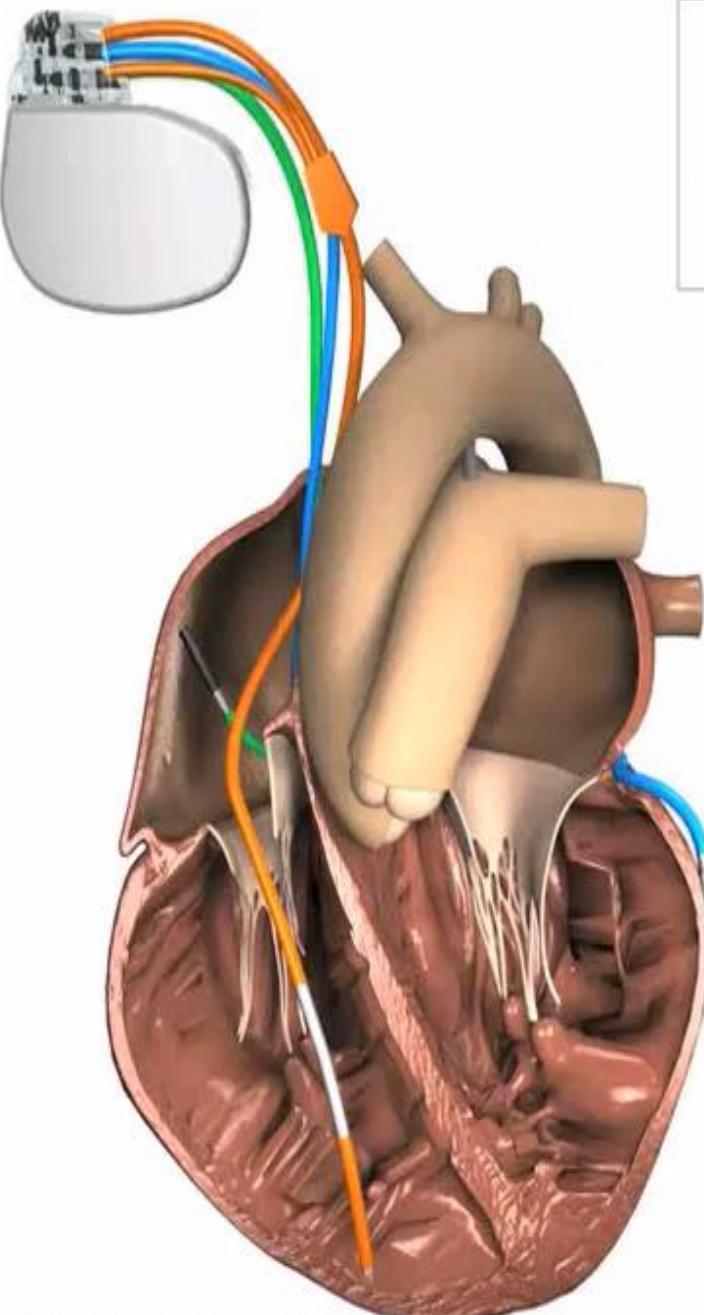
- Traitement de l'insuffisance cardiaque
- Toujours associée au TTT Médical Optimal ( $\geq 3$  mois)
- FEVG  $\leq 35\%$
- Bloc de Branche (QRS  $\geq 130$ ms)



# ESC Guidelines 2021







# ESC Guidelines 2021

Recommendations	Class <sup>a</sup>	Level <sup>b</sup>
Rythme sinusal		
<b>LBBB QRS morphology</b>		
CRT is recommended for symptomatic patients with HF in SR with LVEF $\leq 35\%$ , QRS duration $\geq 150$ ms, and LBBB QRS morphology despite OMT, in order to improve symptoms and reduce morbidity and mortality. <sup>37,39,40,254–266,283,284</sup>	I	A
CRT should be considered for symptomatic patients with HF in SR with LVEF $\leq 35\%$ , QRS duration 130–149 ms, and LBBB QRS morphology despite OMT, in order to improve symptoms and reduce morbidity and mortality. <sup>37,39,40,254–266,283,284</sup>	IIa	B
<b>Non-LBBB QRS morphology</b>		
CRT should be considered for symptomatic patients with HF in SR with LVEF $\leq 35\%$ , QRS duration $\geq 150$ ms, and non-LBBB QRS morphology despite OMT, in order to improve symptoms and reduce morbidity. <sup>37,39,40,254–266,283,284</sup>	IIa	B
CRT may be considered for symptomatic patients with HF in SR with LVEF $\leq 35\%$ , QRS duration 130–149 ms, and non-LBBB QRS morphology despite OMT, in order to improve symptoms and reduce morbidity. <sup>273–278,281</sup>	IIIb	B

$\geq 150$ ms

$\geq 130$ ms

$\geq 150$ ms

$\geq 130$ ms

# ESC Guidelines 2021

- CRT encore 30 à 40% de mauvais répondeurs
- Non recommandé si QRS < 130ms

QRS duration		
CRT is not indicated in patients with HF and QRS duration <130 ms without an indication for RV pacing. <sup>264,282</sup>	III	A

# CRT et QRS fins

ORIGINAL ARTICLE

## Cardiac-Resynchronization Therapy in Heart Failure with a Narrow QRS Complex

Frank Ruschitzka, M.D., William T. Abraham, M.D., Jagmeet P. Singh, M.D., Ph.D., Jeroen J. Bax, M.D., Ph.D., Jeffrey S. Borer, M.D., Josep Brugada, M.D., Ph.D., Kenneth Dickstein, M.D., Ph.D., Ian Ford, M.D., Ph.D., John Gorcsan, III, M.D., Daniel Gras, M.D., Henry Krum, M.B., B.S., Ph.D., Peter Sogaard, M.D., D.M.Sc., *et al.*, for the EchoCRT Study Group\*

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Article    Figures/MediaMetrics

32 References    500 Citing Articles    Letters    4 CommentsOctober 10, 2013  
N Engl J Med 2013; 369:1395-1405  
DOI: 10.1056/NEJMoa1306687

- Etude Echo CRT
- CRT ON/OFF
- NYHA 3 ou 4, FEVG  $\leq$  35%, QRS < 130ms

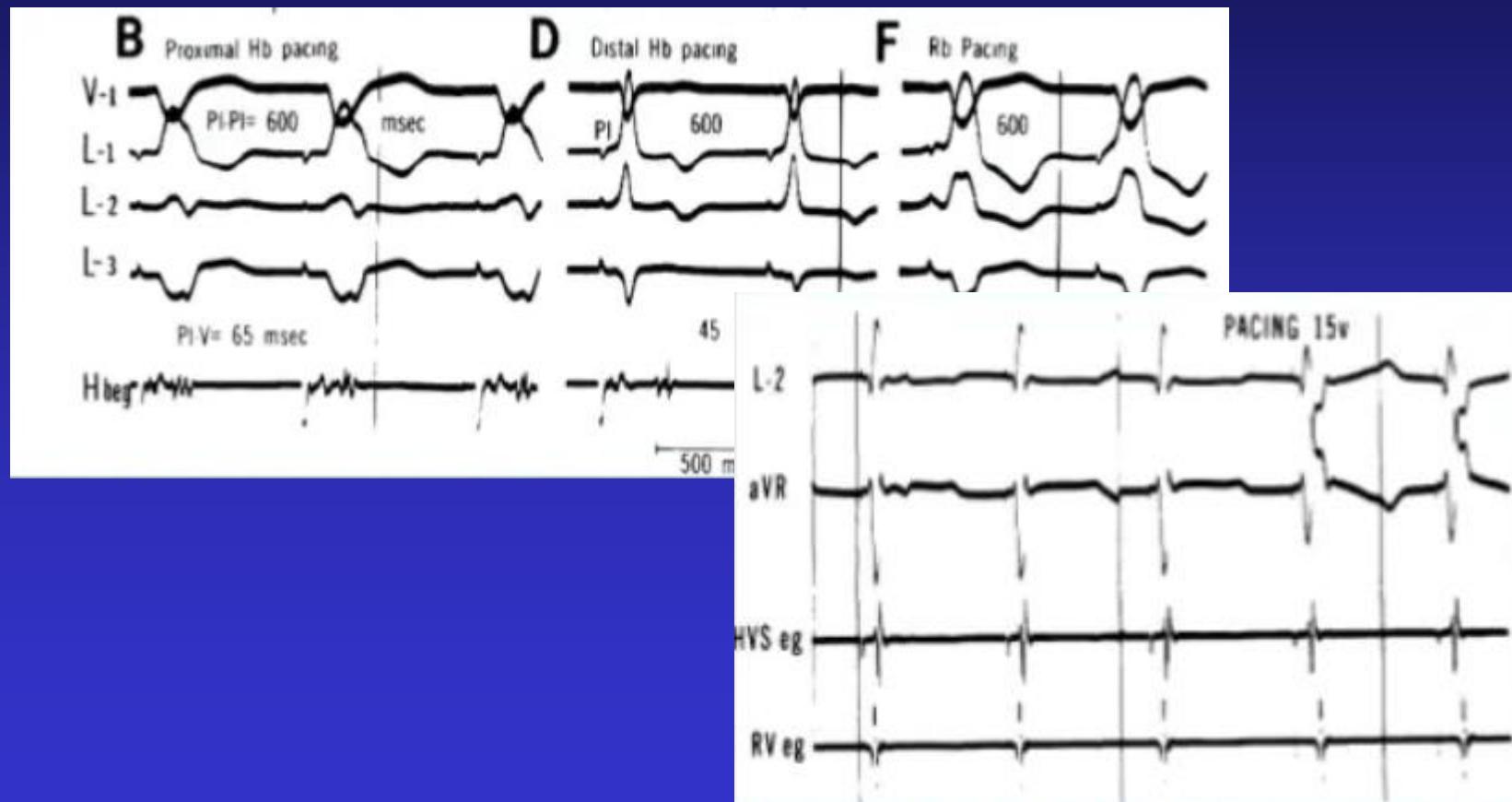
STOP ETUDE pour futilité

↑ 81% DE MORTALITE dans le groupe CRT ON (HR 1,81, P=0,02)

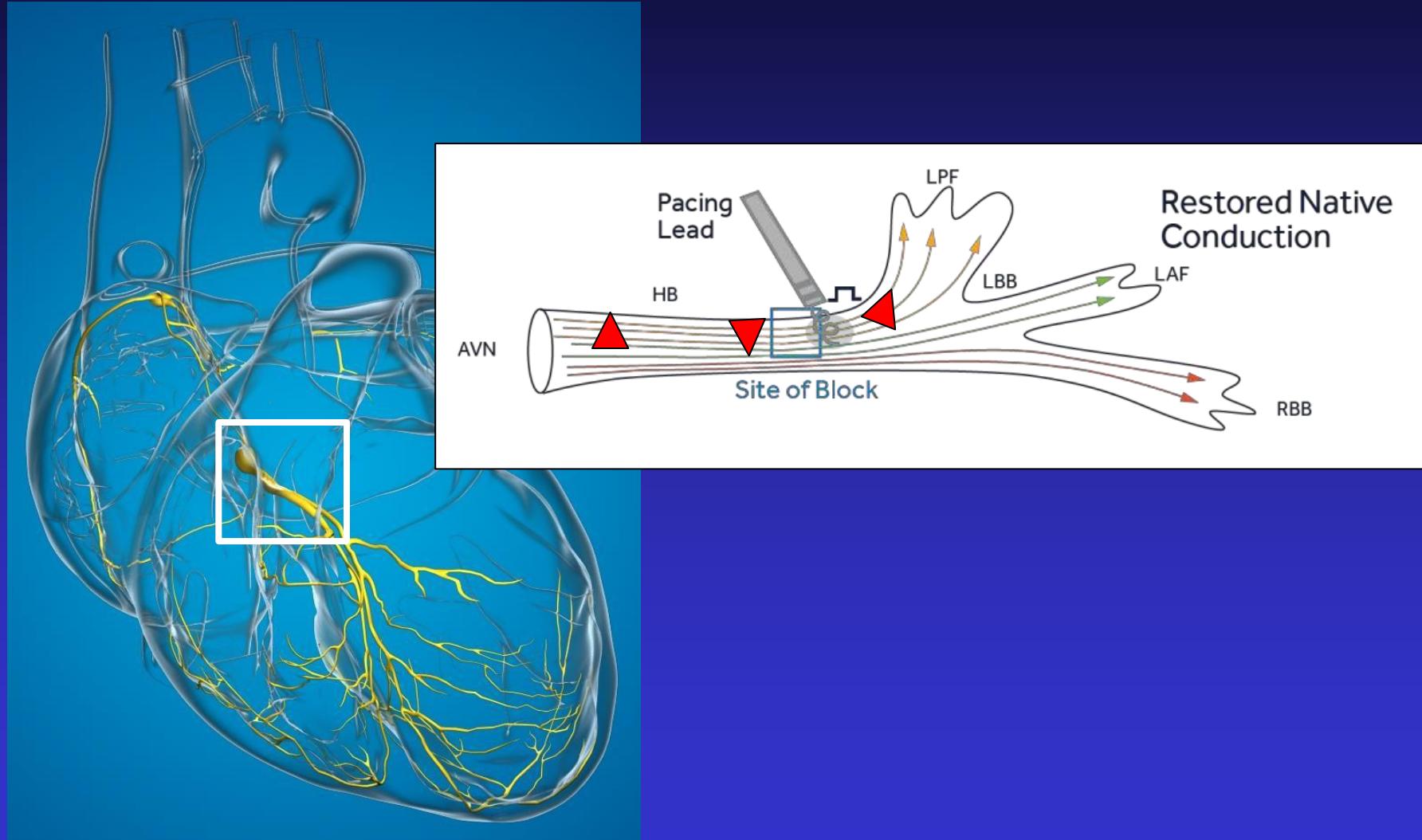
# Normalization of Bundle Branch Block Patterns by Distal His Bundle Pacing

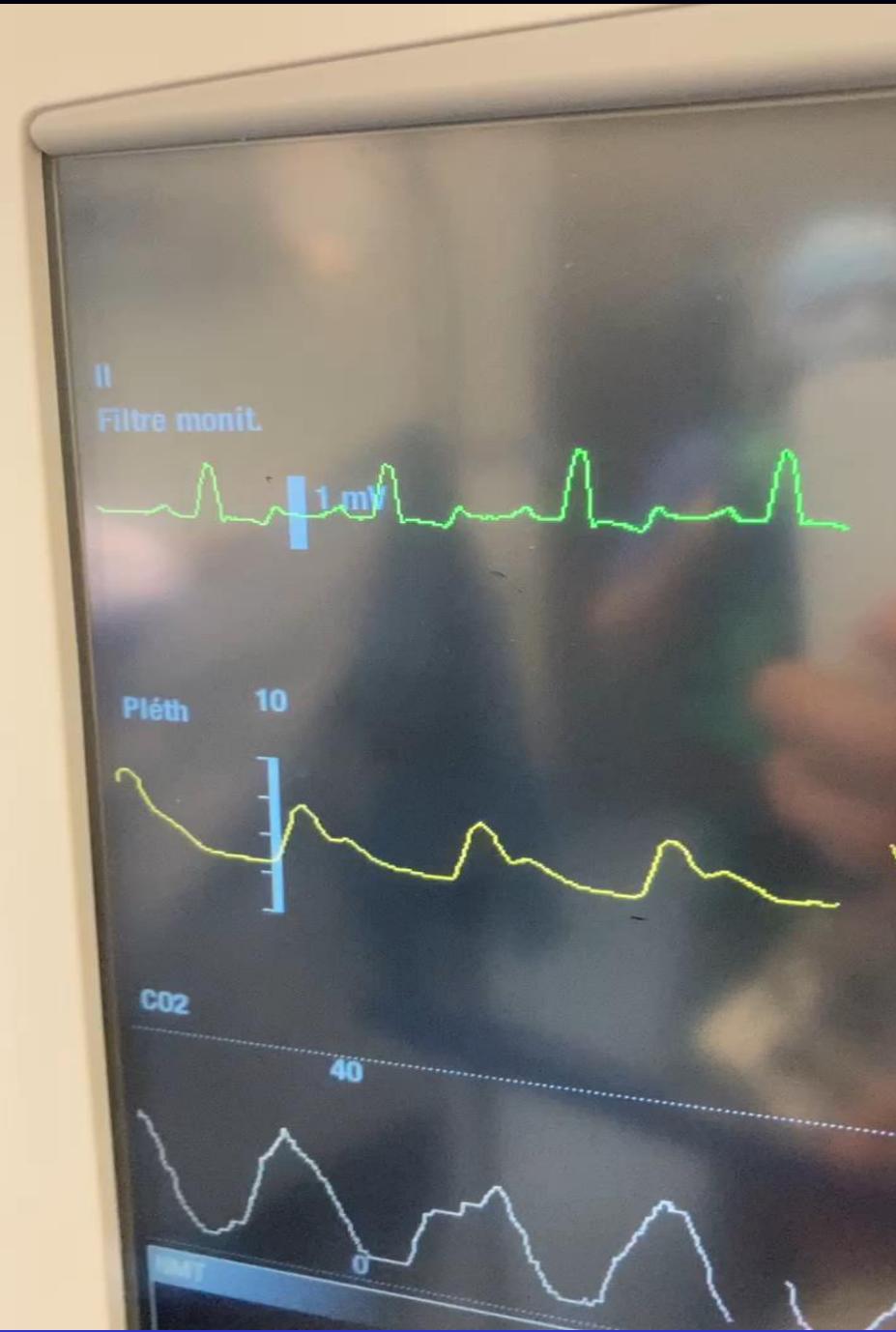
## Clinical and Experimental Evidence of Longitudinal Dissociation in the Pathologic His Bundle

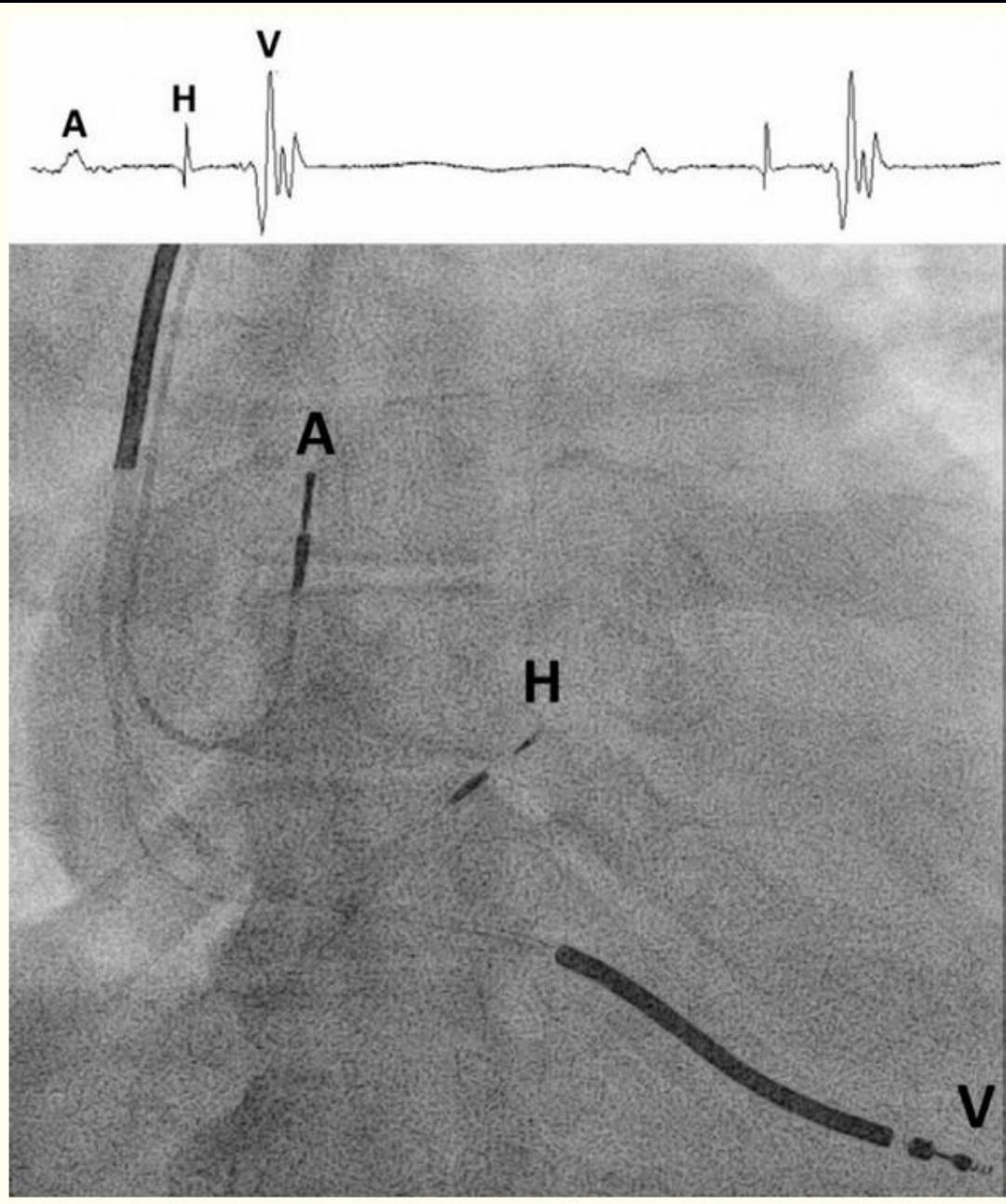
NABIL EL-SHERIF, M.D., FERNANDO AMAT-Y-LEON, M.D., CLYDE SCHONFIELD, M.D.,  
BENJAMIN J. SCHERLAG, PH.D., KENNETH ROSEN, M.D., RALPH LAZZARA, M.D.,  
AND CHRISTOPHER WYNDHAM, M.D.



# Comment ça marche?







Stimulation Hissienne

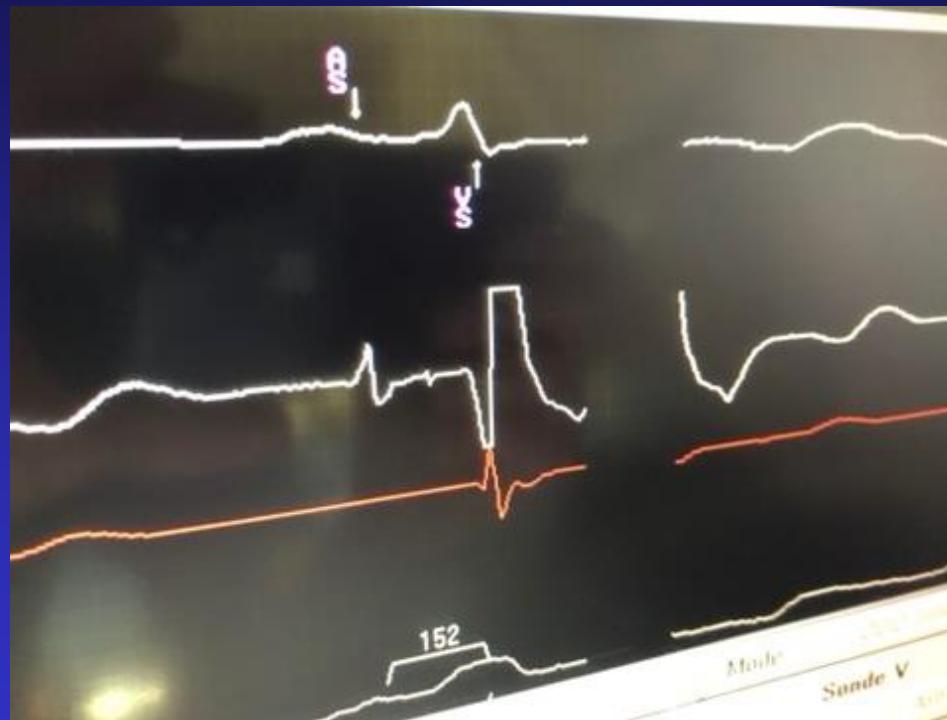
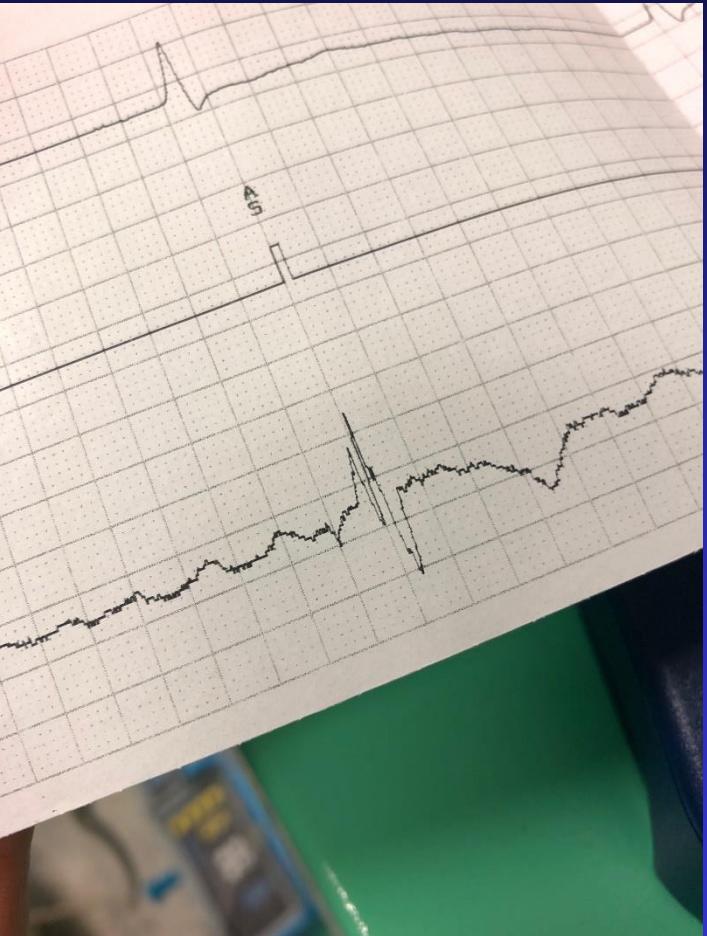
Guidage Scopique et  
Eléctrophysiologique

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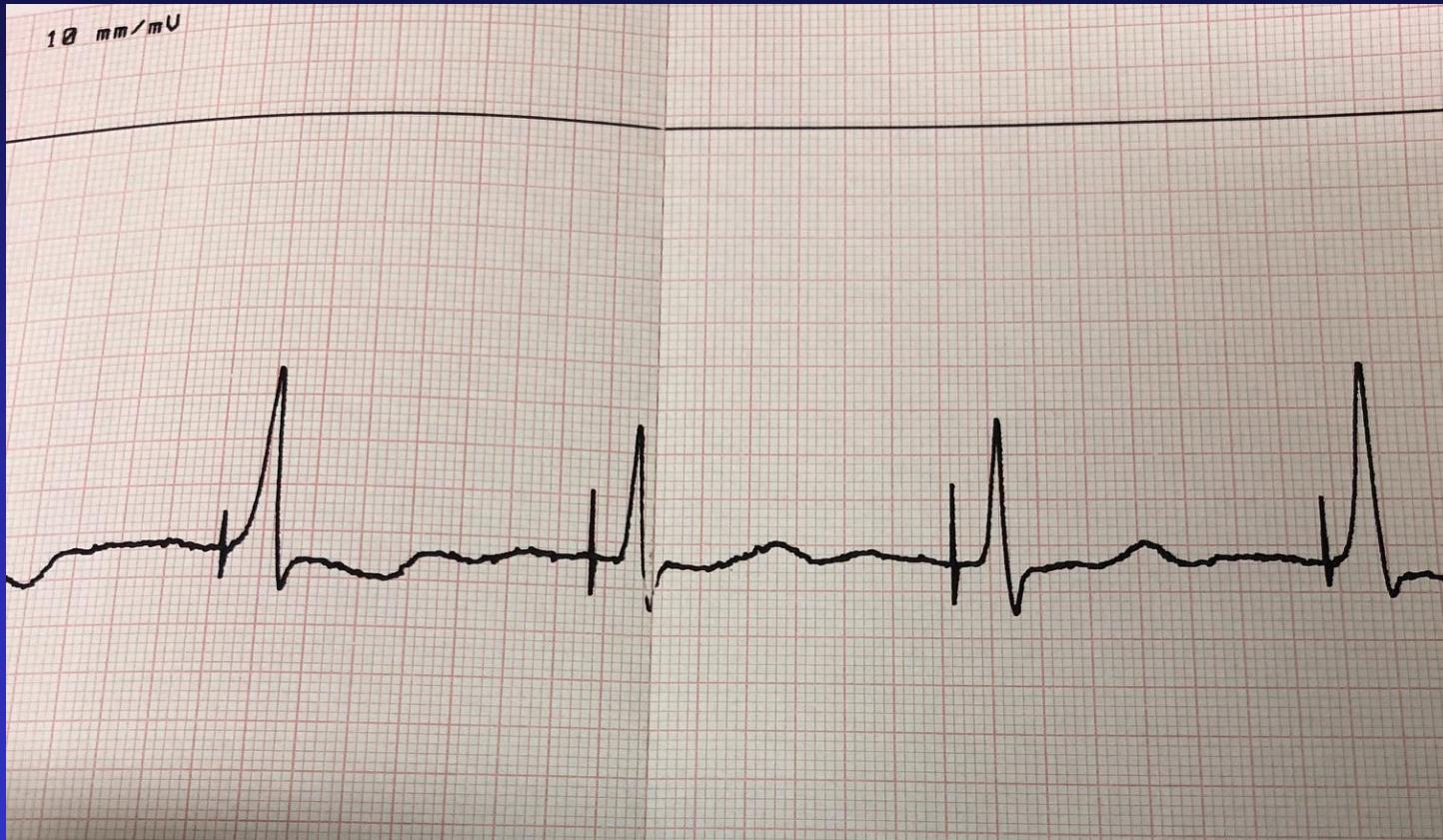
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# Stimulation Hissienne

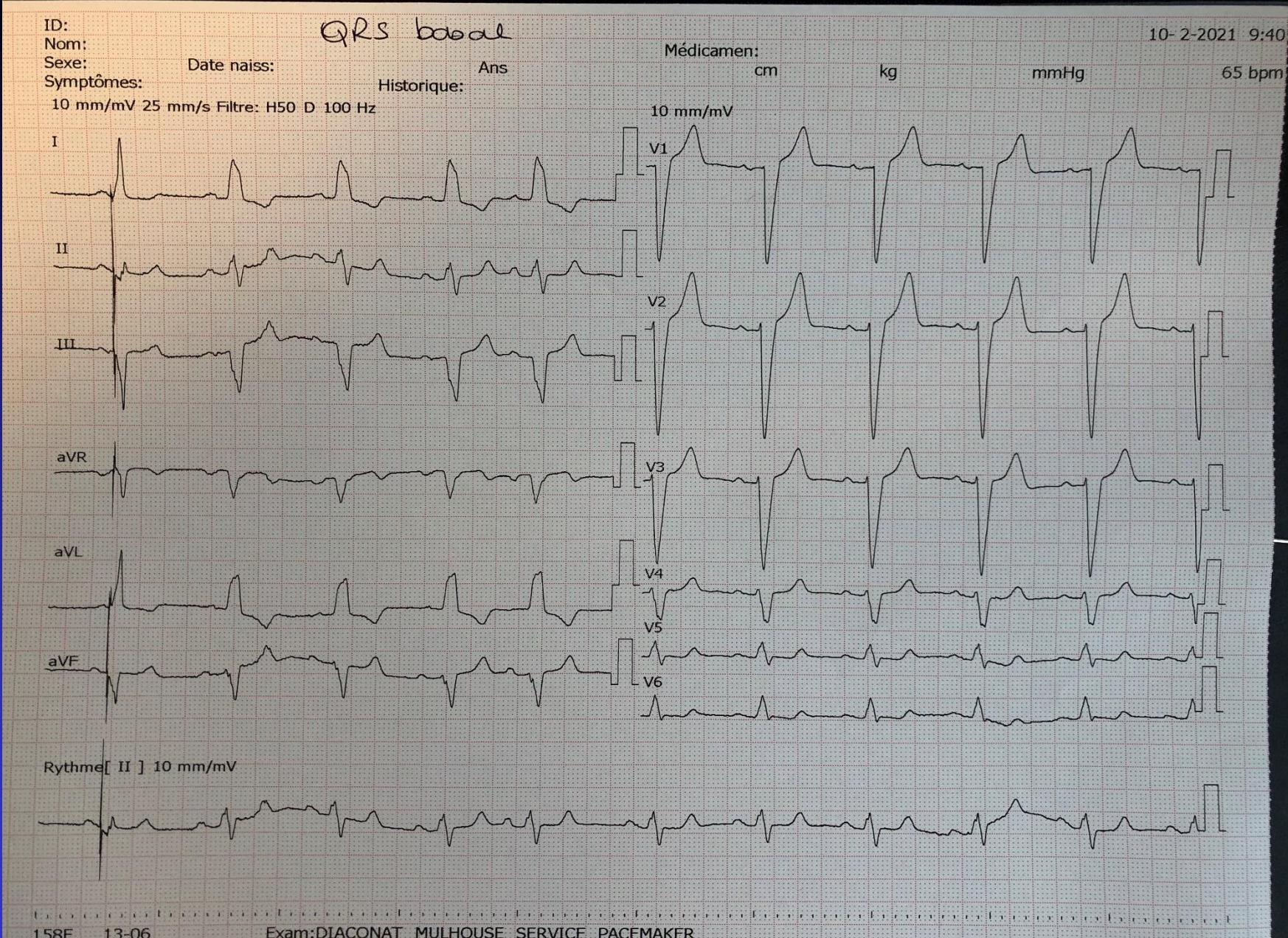


Potentiel Hissien « H »

# Stimulation Hissienne



Capture Selective/Non Selective



ECG 12 dérivation AVANT Stimulation Hissienne

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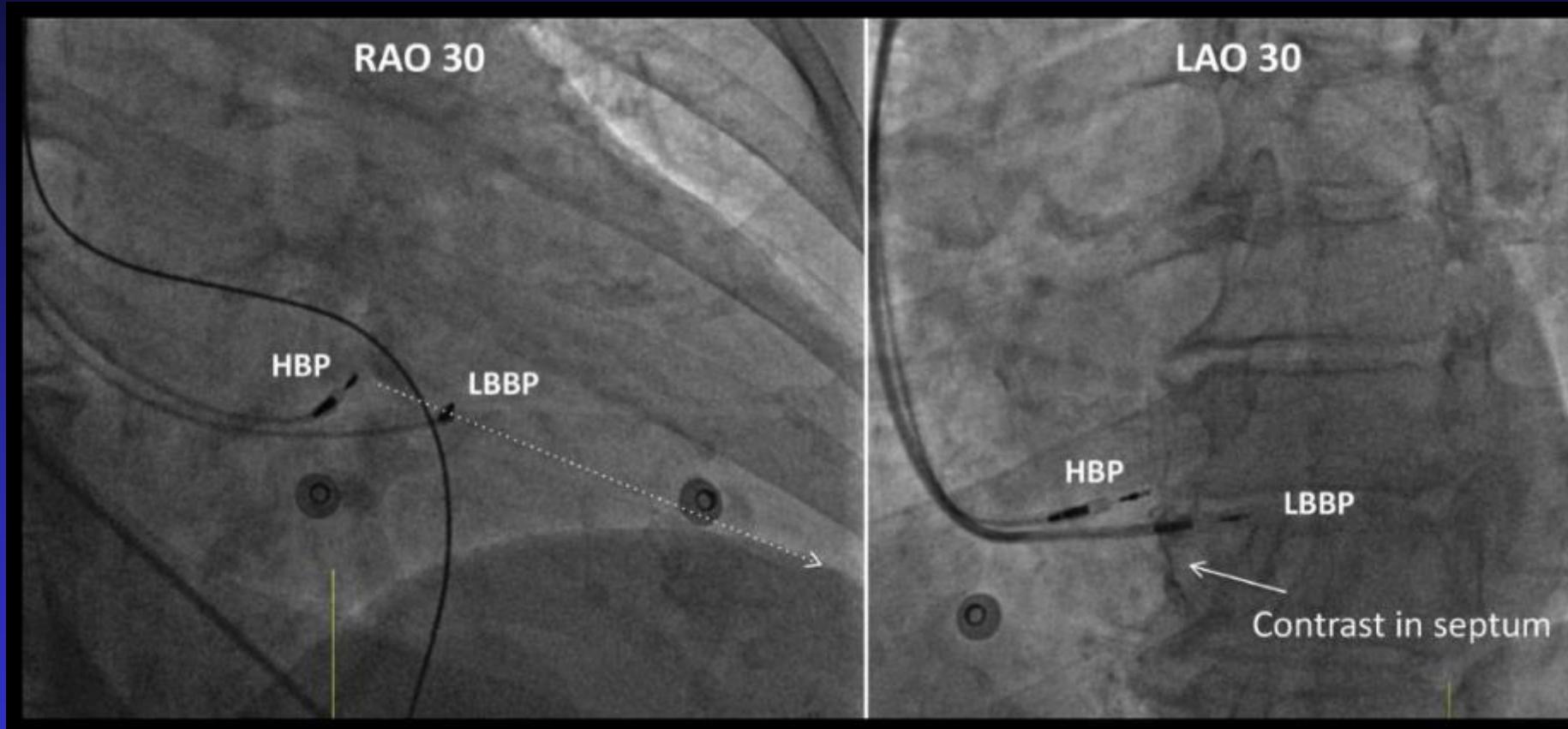
65 bpm

158E 13-06

Exam:DIACONAT MULHOUSE SERVICE PACEMAKER

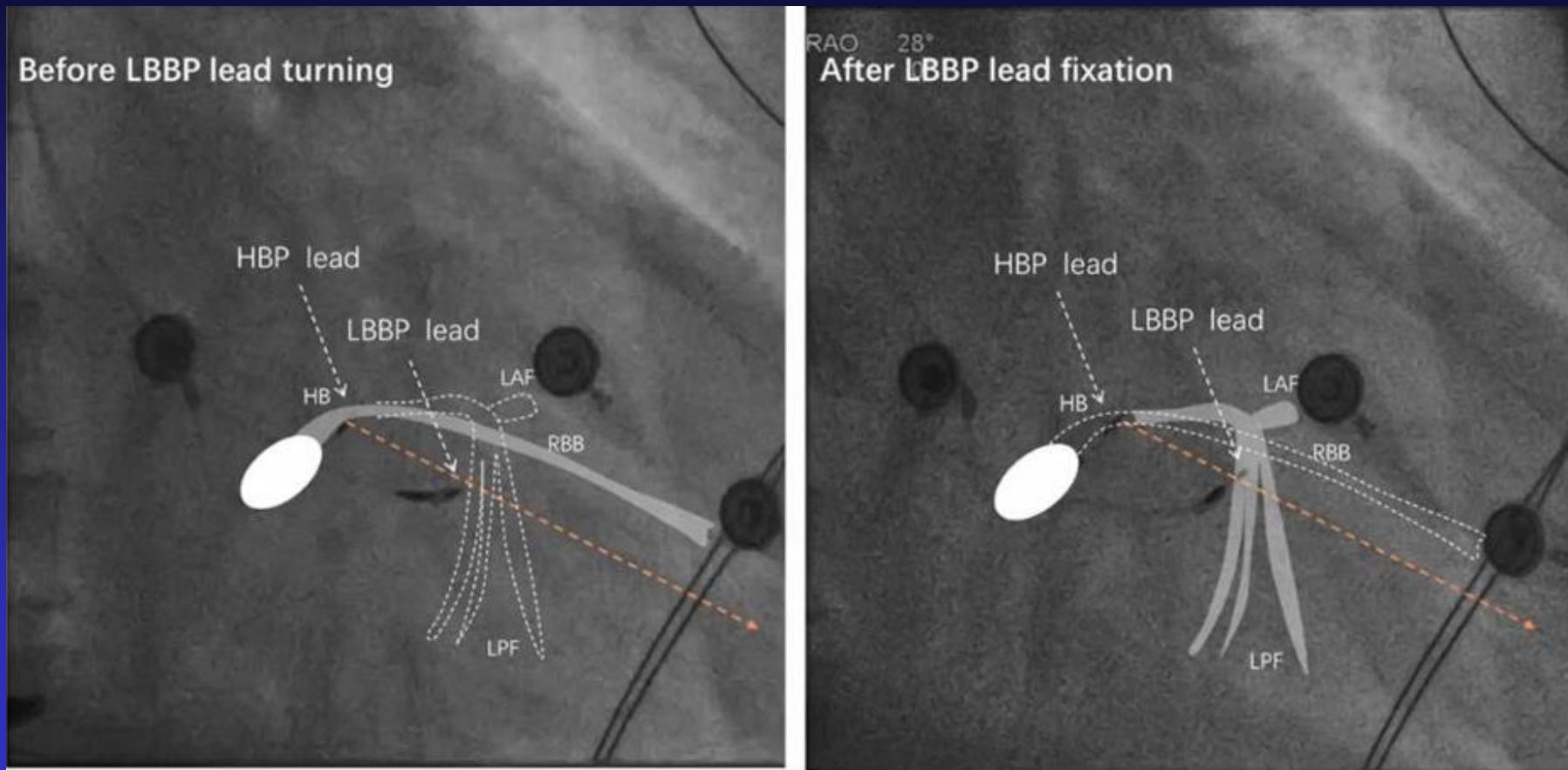
ECG 12 dérivation APRES Stimulation Hissienne

# Stimulation de Branche Gauche



Localisation de la Branche Gauche en scopie

# Stimulation de Branche Gauche



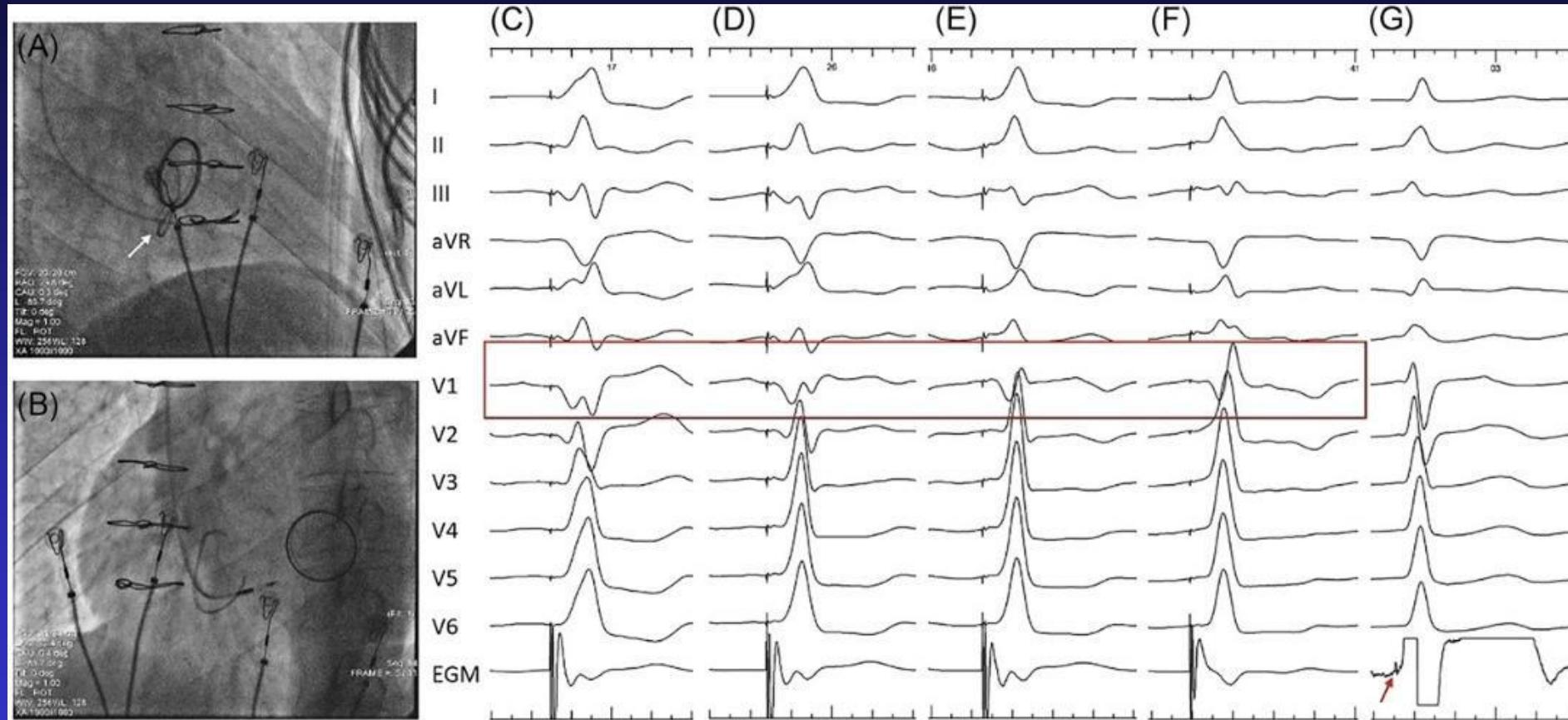
Vissage de la sonde dans la Branche Gauche

↑ 300-500 Ω

↓ ≈100 Ω

Aspect de Retard Droit en Stimulation

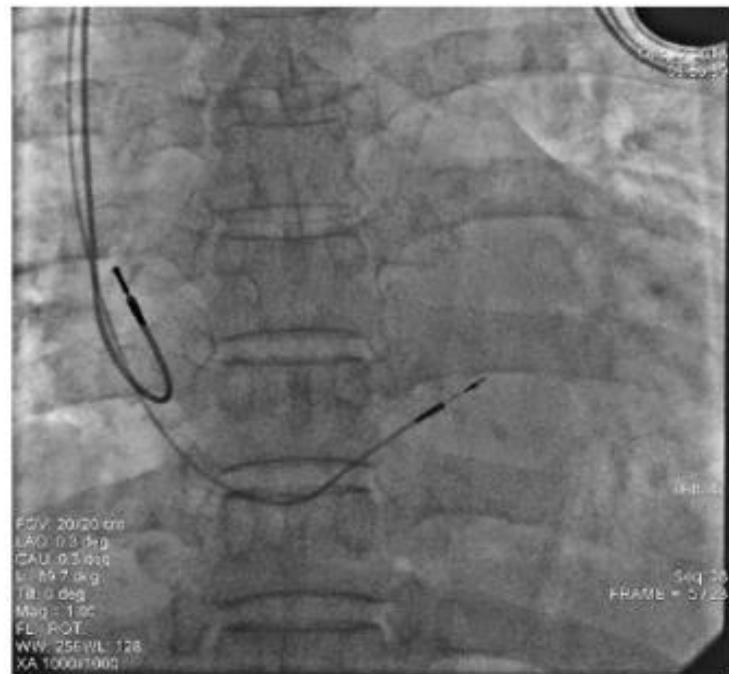
# Stimulation de Branche Gauche



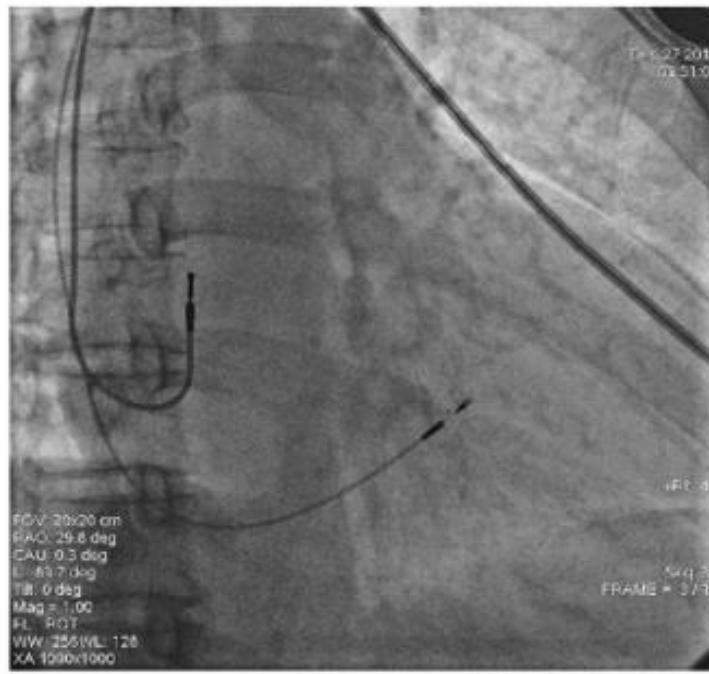
Vissage de la sonde dans la Branche Gauche

# Stimulation de Branche Gauche

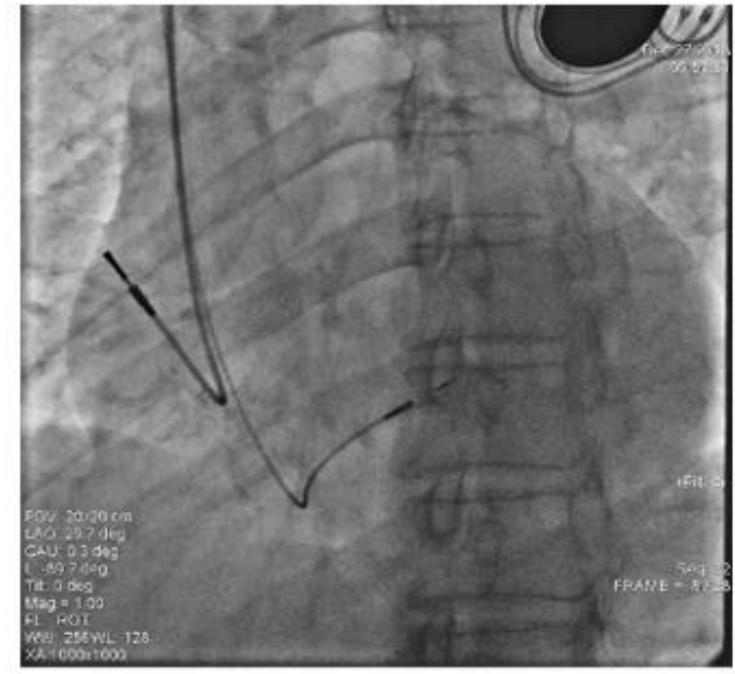
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Scopie capture Branche Gauche

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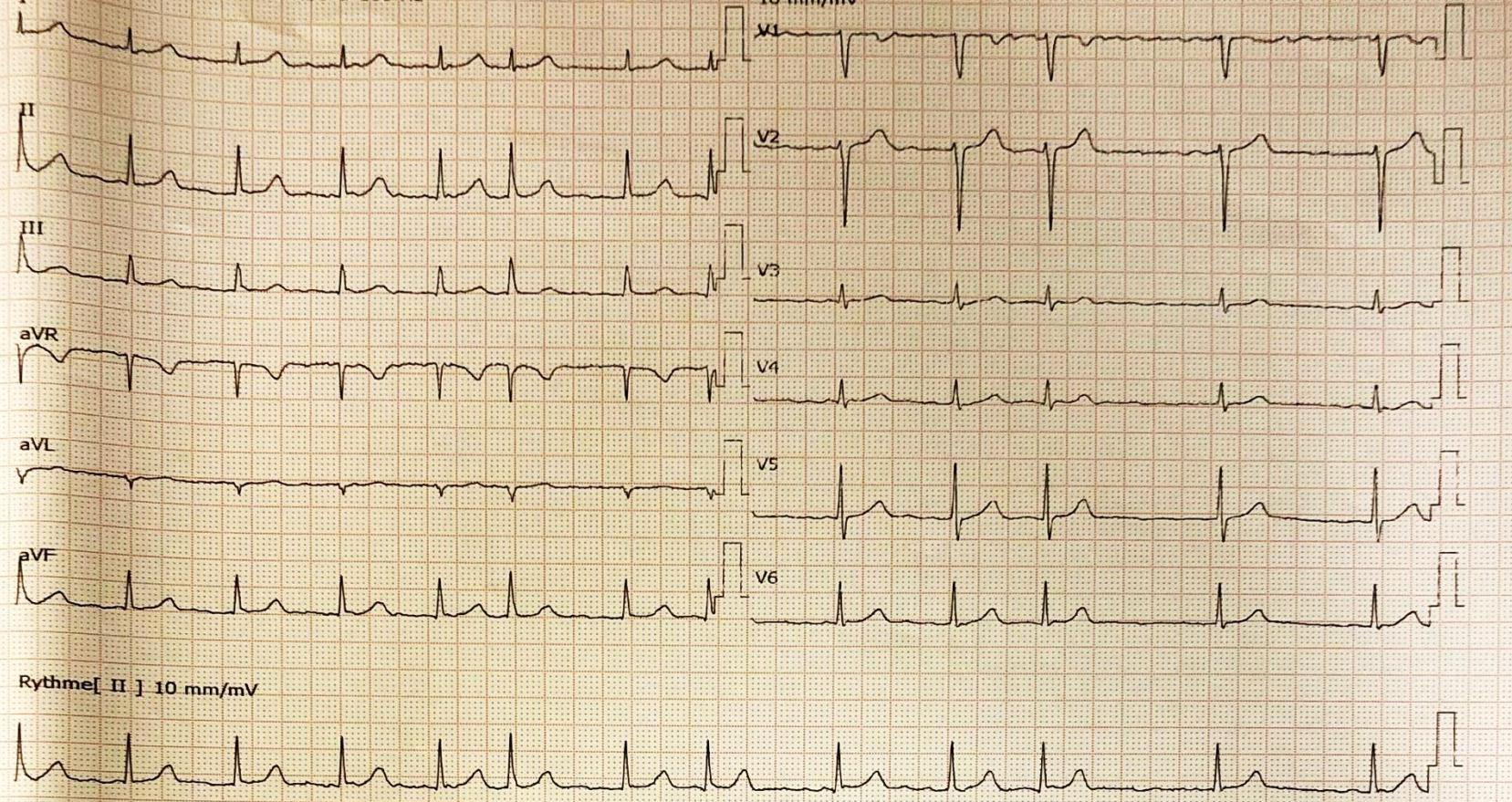
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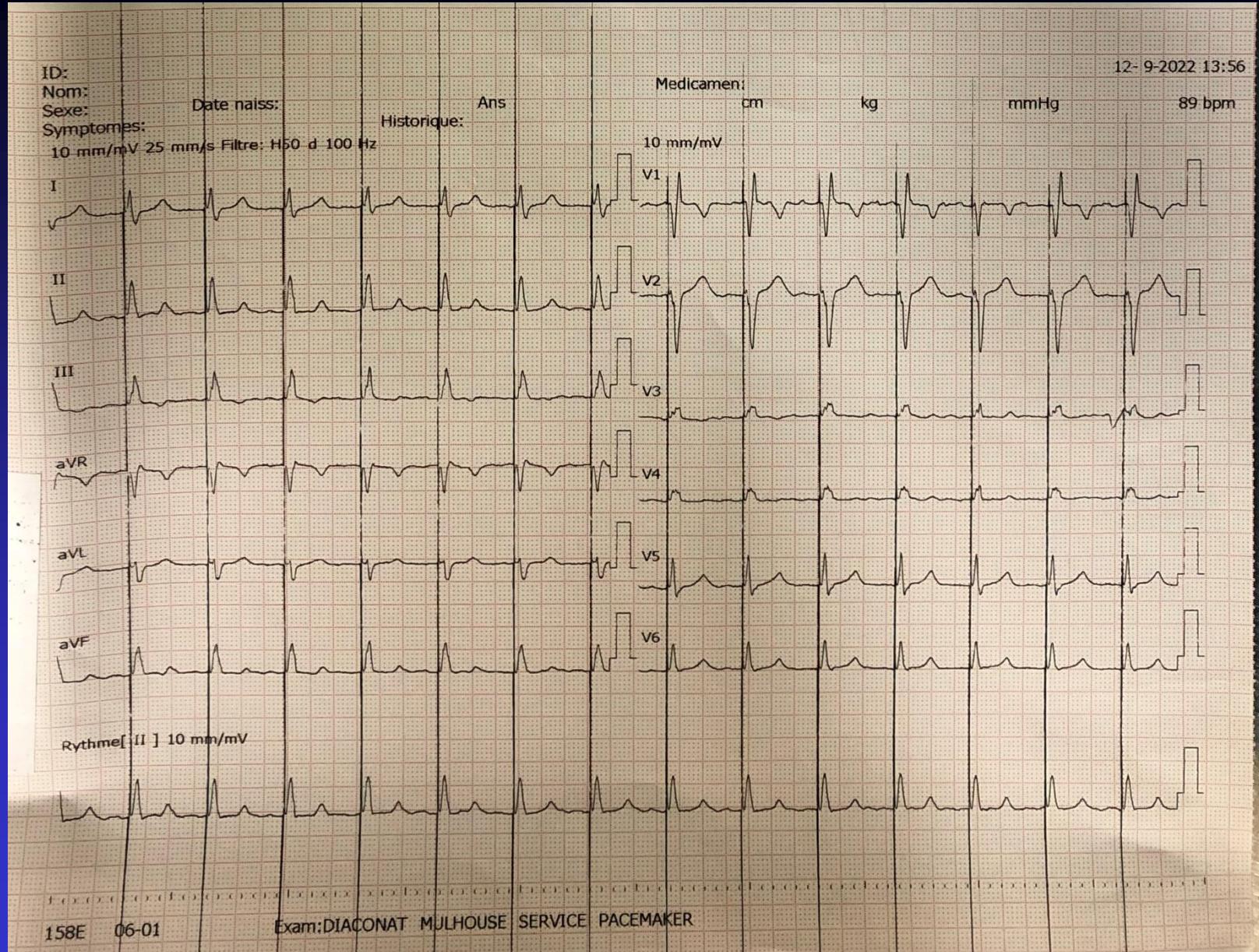
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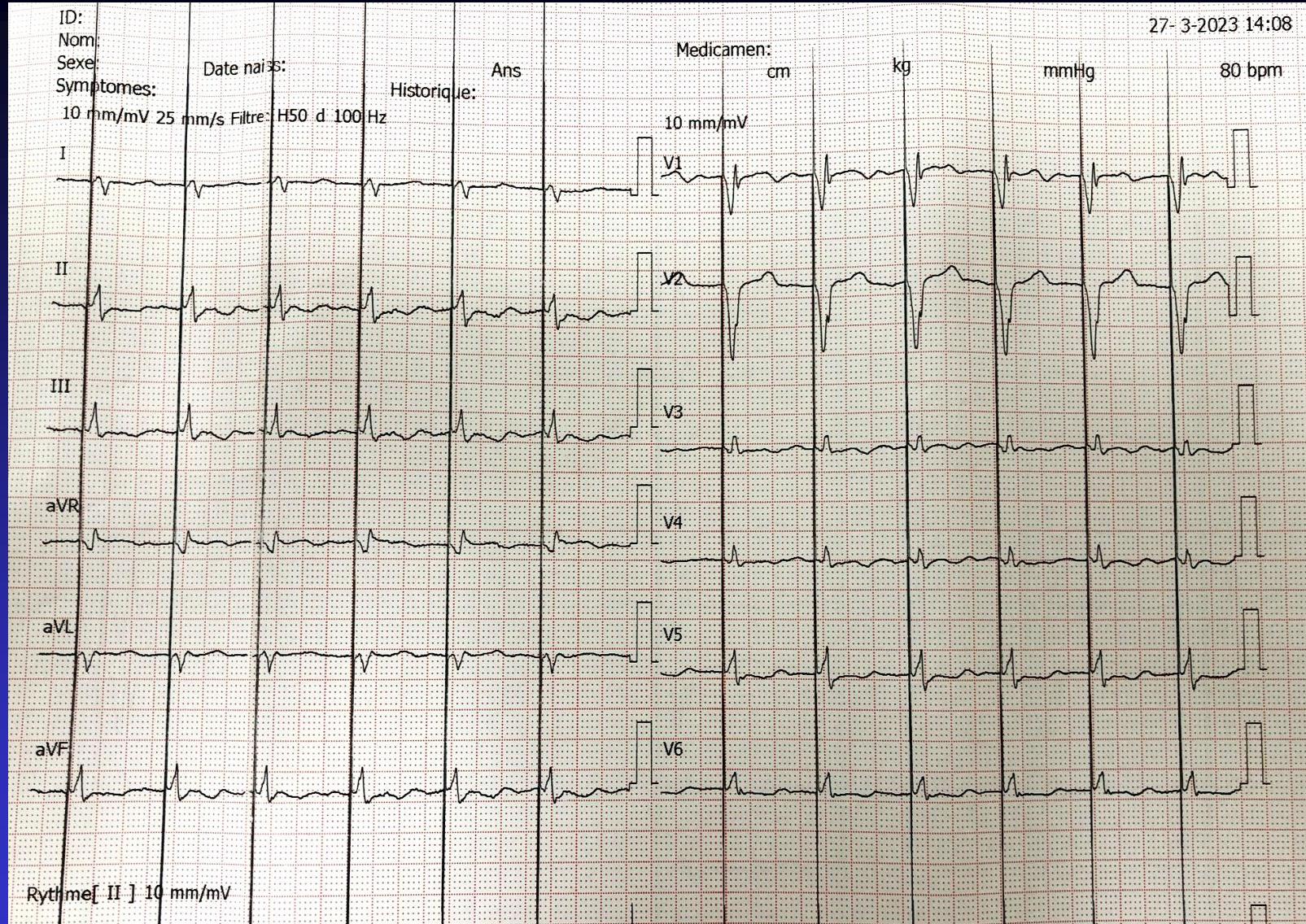
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Exam: DIACONAT MUI HOUSE SERVICE PACEMAKER

## ECG 12 dérivation BASAL



ECG 12 dérivation APRES Capture de Branche Gauche



ECG 12 dérivation APRES Capture de Branche Gauche

# HBP ou LBBP?

**Supplementary Table 12 Comparison of advantages and limitations of right ventricular pacing, His bundle pacing, and left bundle branch area pacing**

RV pacing	HBP	LBBAP
<b>Advantages</b>		
<p>Long experience with good data on safety and efficacy</p> <p>Wide implementation of the technique</p> <p>Relatively short learning curve</p> <p>No requirement for an electrophysiological recording system or intraoperative 12-lead ECG</p> <p>Use of standard leads</p> <p>Clear labelling of MRI conditionality</p> <p>Good data on lead extraction</p>	<p>Endpoints well defined for successful His capture</p> <p>Use of standard (extendible helix) leads is possible</p> <p>Extractability has been demonstrated<sup>93</sup></p> <p>Evidence for short-term safety and efficacy (although more randomized data are necessary)</p>	<p>Larger target area than with HBP</p> <p>Higher success rate in case of proximal block and potential to correct more distal conduction disease</p> <p>Low capture thresholds</p> <p>Good sensing parameters</p> <p>Consistent myocardial capture (in addition by anodal capture with the ring electrode) to avoid asystole in case of loss of left bundle capture</p> <p>No requirement for backup pacing leads</p> <p>AV nodal ablation without risk of compromising lead function (due to distant position of the pacing lead)</p>
<b>Limitations</b>		
<p>Non-physiological pacing with potential detrimental effect on cardiac function and clinical outcome</p> <p>Perforation of the ventricular free wall for non-septal pacing sites</p>	<p>Small target area</p> <p>Requires acquisition of new skills that may be unfamiliar to the device specialist (e.g. location of His bundle and interpretation of endocardial signals)</p> <p>Ideally requires an electrophysiological recording system for mapping the His (although also possible using a pacing system analyser and 12-lead ECG recorder)</p> <p>Relatively high capture thresholds resulting in earlier battery depletion</p>	<p>Successful conduction tissue capture may be more difficult to demonstrate</p> <p>Results in paced QRS with incomplete RBBB pattern (and possibly less electrical synchrony compared with HBP, especially in patients with normal baseline QRS)</p> <p>Electrophysiological recording system useful for mapping the left bundle branch or Purkinje potential and confirming left bundle branch capture with measurement of stimulus to R-wave peak duration (although</p>

Continued

# HBP ou LBBP?

**Supplementary Table 12** *Continued*

RV pacing	HBP	LBBAP
	<p>Sensing issues (atrial and His oversensing, ventricular undersensing)<sup>94</sup></p> <p>Limited to correction of proximal conduction block only</p> <p>Risk if distal conduction block develops over follow-up</p> <p>High (approximately 7%) requirement for lead revision.<sup>61,95</sup> Limited experience with respect to lead performance during long-term follow-up</p> <p>Backup ventricular leads may be indicated in case of sensing issues or for patient safety, resulting in more endovenous material, higher cost, and more complex programming<sup>94</sup></p> <p>Risk of compromise of lead function with AV node ablation (due to proximity of ablation site to pacing lead)<sup>68</sup></p> <p>MRI conditionality may not be labelled, depending on the configuration (e.g. presence of a backup lead)</p>	<p>also possible using a pacing system analyser and 12-lead ECG recorder)</p> <p>Currently only performed with a single lead model</p> <p>Risk of transseptal perforation (during and after implantation)</p> <p><b>May be challenging in patients with septal scar or septal hypertrophy</b></p> <p>Limited (but growing) evidence for safety and efficacy.</p> <p>No experience with respect to lead performance during long-term follow-up</p> <p>Long-term extractability needs to be demonstrated</p>

ECG = electrocardiogram; HBP = His bundle pacing; LBBAP = left bundle branch area pacing; MRI = magnetic resonance imaging; RV = right ventricular.

# Support Scientifique

## Pour le patient

### Clinical outcomes of conduction system pacing compared to biventricular pacing in patients requiring cardiac resynchronization therapy

Pugazhendhi Vijayaraman, MD, FHRS, \*† Dipen Zalavadia, MD,\* Abdul Haseeb, MD,\* Cicely Dye, MD,‡ Nidhi Madan, MD,‡ Jamario Renaldo Skeete, MD,‡ Sharath C. Vipparthy, MD,‡ Wilson Young, MD, PhD,‡§ Venkatesh Ravi, MD,‡ Clement Rajakumar, BS,‡ Parash Pokharel, MD,¶ Timothy Larsen, DO,¶ Henry D. Huang, MD, FHRS,‡ Randle H. Storm, MD, FHRS,¶ Jess W. Oren, MD,¶ Syeda Atiqa Batul, MBBS, MD,\* Richard G. Trohman, BS, MBA, MD, FHRS,‡ Faiz A. Subzposh, MD,\* Parikshit S. Sharma, MD, MPH, FHRS‡

*From the \*Geisinger Heart Institute, Wilkes Barre, Pennsylvania, †Geisinger Commonwealth School of Medicine, Scranton, Pennsylvania, ‡Rush University Medical Center, Chicago, Illinois, §Geisinger Heart Institute, Scranton, Pennsylvania, and ¶Geisinger Heart Institute, Danville, Pennsylvania.*

# Support Scientifique

## Pour le patient

### CRT conventionnel vs CSP (HBP/LBBP)

- Etude observationnelle, per protocole (patients inclus après succès BVP ou CSP)
- Critère primaire combiné :

#### Hospitalisations pour l. cardiaque et Décès

- 447 patients (BVP 219 ; CSP 258 [HBP 87, LBBAP 171])
- Age moyen  $72 \pm 12$  ans, LVEF was  $26\% \pm 6\%$
- Suivi moyen  $27 \pm 12$  mois

# Support Scientifique

## Pour le patient

- Taux de succès

CSP **86%** (205/239 patients) → 34 patients BVP

BVP **74%** (185/238 patients) → 53 patients CSP

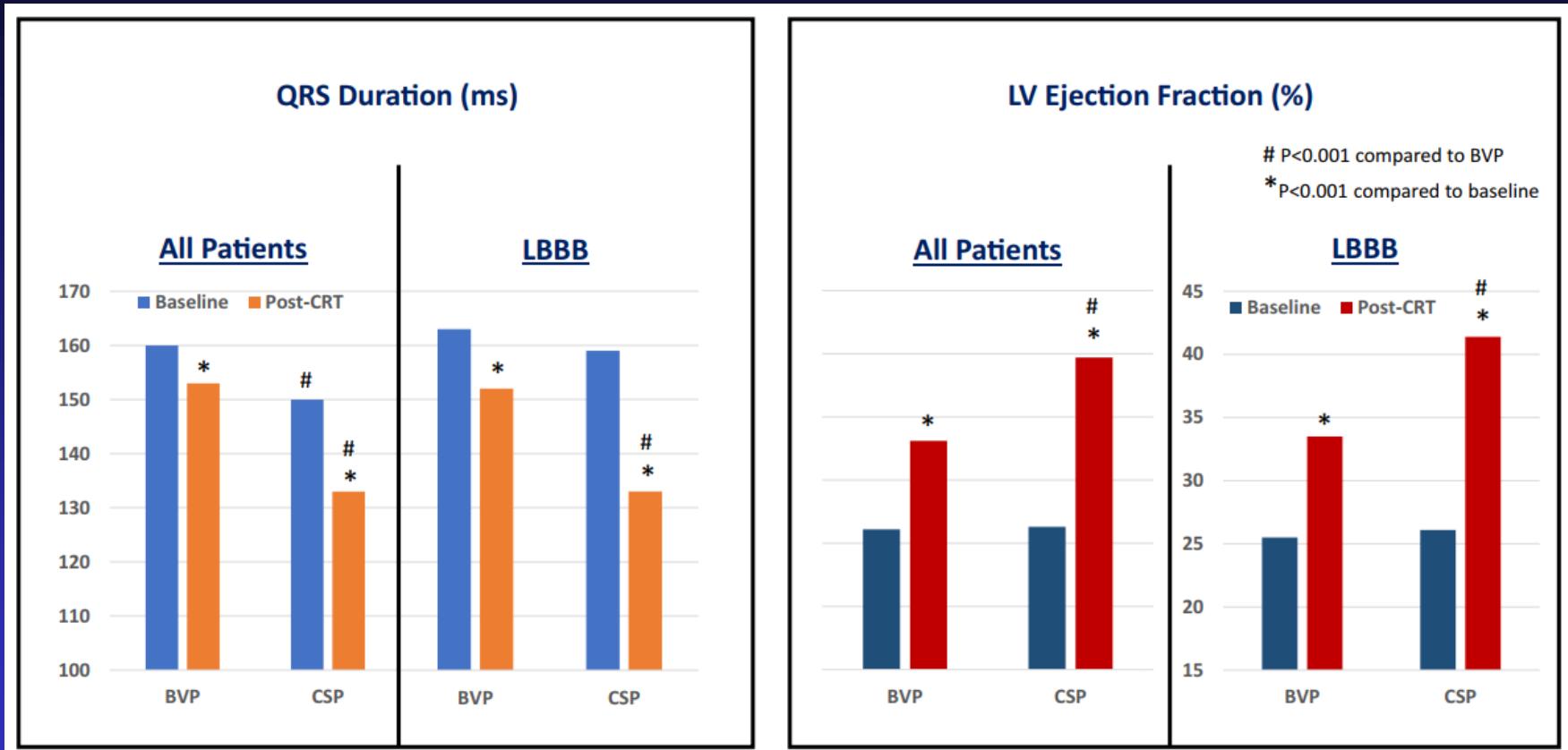
- Seuils      plus bas en CSP vs BVP

BVP **1.3** ± 0.6V @ 0.6 ± 0.2ms

LBBAP **0.8** ± 0.4V @ 0.5 ± 0.1ms et HBP **1.1** ± 0.7V @ 0.9 ± 0.2ms, P = 0.01

- Elévarions de seuil tardifs (≈ 3%) et revisions de sonde (≈2,5%) NS

# Support Scientifique

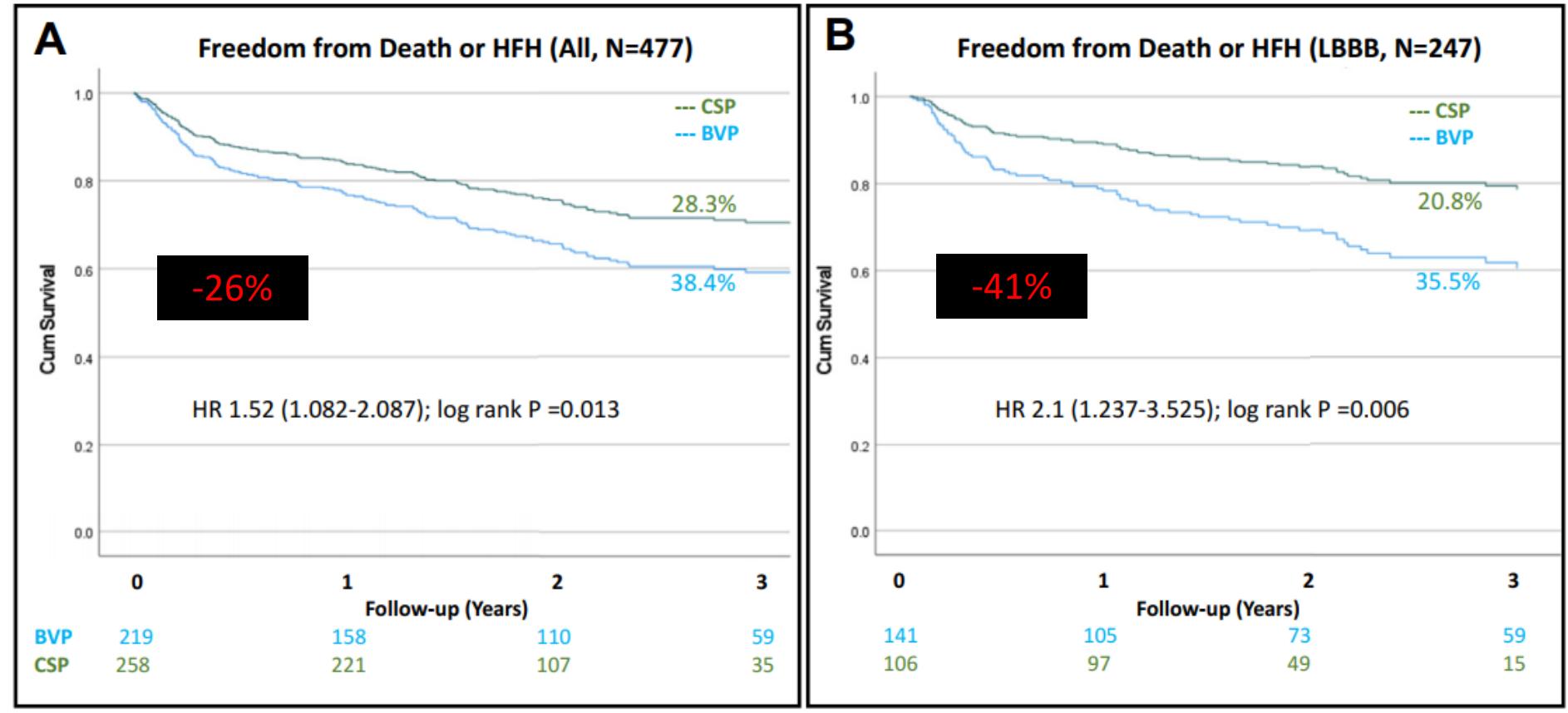


BVP  $153 \pm 24$ ms vs CSP  $133 \pm 21$ ms ( $P = .001$ )

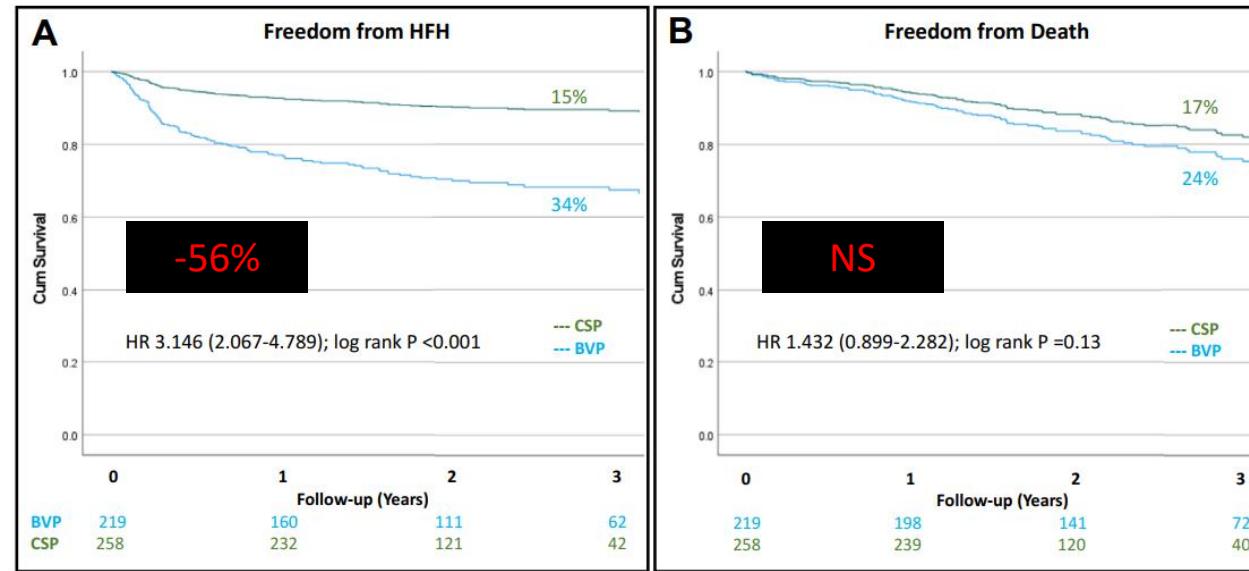
BVP  $26.1 \pm 6.3 \rightarrow 33.1\% \pm 12\%$   
CSP  $26.4 \pm 6.5 \rightarrow 39.7\% \pm 13\%$   
( $P = .001$ )

# Support Scientifique

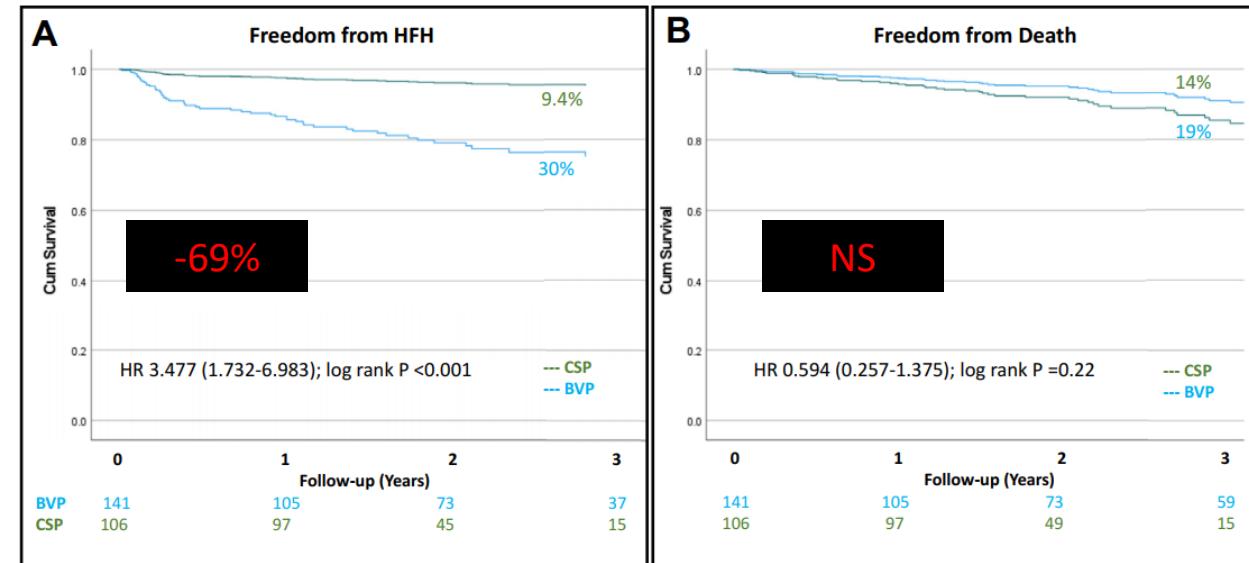
## Time to Death or Heart Failure Hospitalization



## Secondary Outcomes in All Patients (N=477)



## Secondary Outcomes in Patients with LBBB (N=247)



# Support Scientifique

JOURNAL OF THE AMERICAN COLLEGE OF CARDIOLOGY  
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VOL. 80, NO. 13, 2022

## ORIGINAL INVESTIGATIONS

### Randomized Trial of Left Bundle Branch vs Biventricular Pacing for Cardiac Resynchronization Therapy



Yao Wang, MD, PhD,<sup>a,\*</sup> Haojie Zhu, MD,<sup>b,\*</sup> Xiaofeng Hou, MD,<sup>a</sup> Zhao Wang, MD, PhD,<sup>b</sup> Fengwei Zou, MD,<sup>c</sup> Zhiyong Qian, MD, PhD,<sup>a</sup> Yongyue Wei, MD, PhD,<sup>d</sup> Xiang Wang, BSc,<sup>d</sup> Longyao Zhang, MD,<sup>d</sup> Xiaofei Li, MD,<sup>b</sup> Zhimin Liu, MD,<sup>b</sup> Siyuan Xue, MD,<sup>a</sup> Chaotong Qin, MD,<sup>a</sup> Jiaxin Zeng, MD,<sup>a</sup> Hui Li, MD,<sup>b</sup> Hongping Wu, MD,<sup>a</sup> Hong Ma, MD,<sup>a</sup> Kenneth A. Ellenbogen, MD,<sup>e</sup> Michael R. Gold, MD, PhD,<sup>f</sup> Xiaohan Fan, MD, PhD,<sup>b</sup> Jiangang Zou, MD, PhD,<sup>a,g</sup> on behalf of the LBBP-RESYNC Investigators

# Support Scientifique

## Pour le praticien

### CRT conventionnel vs LBBP

- **Etude prospective, randomisée**
- Cardiomyopathie NON ischémique, BBGC
- Crossover autorisé si échec (ITT et per protocole)
- Critère primaire

### Comparaison de l'Evolution de la FEVG

- Critère secondaire
  - Autres mesures ETT, NT-ProBNP, NYHA, test de marche de 6 minutes, durée des QRS, réponse à la CRT

# Support Scientifique

## Pour le praticien

### CRT conventionnel vs LBBP

- 40 patients (50% femmes)
- Age moyen  $63 \pm 7$  ans, LVEF was  $29,7\% \pm 5,6\%$
- Suivi moyen 6 mois (préspécifié)
- Crossover 10% groupe LBBP et 20% groupe BiVP-CRT

# Support Scientifique

## Pour le praticien

### CRT conventionnel vs LBBP

- Résultats

↑ plus importante de la FEVG à 6 mois pour LBBP  
+5.6% LBBP vs BiVCRT; 95% CI: 0.3-10.9; P : 0.039 (ITT)

- Amélioration Volume Télésystolique VG et NT-ProBNP
- Pas de différence NYHA, test de marche de 6 minutes, durée des QRS, réponse à la CRT

**TABLE 2** The Procedure-Related Data of LBBP and Coronary Sinus Left Ventricular Lead Implantation

	LBBP-CRT (n = 20)	BiVP-CRT (n = 20)
Success rate	18 (90)	16 (80)
Paced QRSd, ms	131.5 ± 12.5	136.6 ± 12.9
LVAT, ms	79.73 ± 9.94	
Threshold, mV		
At implantation	0.69 ± 0.26	0.92 ± 0.40
3-month	0.65 ± 0.22	1.34 ± 0.80
6-month	0.82 ± 0.20	1.12 ± 0.67
Impedance, Ω		
At implantation	579 ± 160	522 ± 183
3-month	483 ± 69	566 ± 210
6-month	476 ± 93	592 ± 214
Procedure time, min	129.25 ± 31.69	155.92 ± 40.70
X-ray exposure time, min	11.95 ± 5.77	18.66 ± 10.12
Implantation time of lead, min	44.17 ± 22.22	55.50 ± 28.36
Devices		
CRTD	14 (70)	17 (85)
CRTP	6 (30)	3 (15)
Complication		
Pneumothorax	0 (0)	1 (5)
Pericardial tamponade	0 (0)	0 (0)
Lead dislodgement, %	1 (5) <sup>a</sup>	0 (0)

Values are n (%) or mean ± SD. <sup>a</sup>1 patient in the LBBP-CRT group had dislodgement of the coronary sinus left ventricular lead 2 days after the procedure.

CRT = cardiac resynchronization therapy; CRTD = cardiac resynchronization therapy with defibrillator; CRTP = cardiac resynchronization therapy without defibrillator; LVAT = left ventricular activation time; QRSd = QRS duration; other abbreviations as in Table 1.

# Support Scientifique

Recommendations	Class <sup>a</sup>	Level <sup>b</sup>
In patients treated with HBP, device programming tailored to specific requirements of HBP is recommended. <sup>430,431</sup>	I	C
In CRT candidates in whom coronary sinus lead implantation is unsuccessful, HBP should be considered as a treatment option along with other techniques such as surgical epicardial lead. <sup>318,424,440,443</sup>	IIa	B
In patients treated with HBP, implantation of an RV lead used as 'backup' for pacing should be considered in specific situations (e.g. pacemaker dependency, high-grade AVB, infranodal block, high pacing threshold, planned AVJ ablation) or for sensing in the case of issues with detection (e.g. risk of ventricular undersensing or oversensing of atrial/His potentials). <sup>423,426,444</sup>	IIa	C

# Support Scientifique

HBP with a ventricular backup lead may be considered in patients in whom a 'pace-and-ablate' strategy for rapidly conducted supraventricular arrhythmia is indicated, particularly when the intrinsic QRS is narrow.<sup>197,199,200,318</sup>

**IIb**

**C**

HBP may be considered as an alternative to RV pacing in patients with AVB and LVEF >40%, who are anticipated to have >20% ventricular pacing.<sup>42,433</sup>

**IIb**

**C**

bundle branch area pacing cannot therefore be formulated at this stage. However, **conduction system pacing** (which includes HBP and left bundle branch area pacing) **is very likely to play a growing role in the future, and the current recommendations will probably need to be revised once more solid evidence of safety and efficacy** (from randomized trials) is published. A comparison of RV pacing, HBP, and left bundle

# Conclusion



- 2 nouvelles techniques de capture de voies de conduction « physiologiques » du patient (Conduction System Pacing)
  - Stimulation Hissienne
  - Capture de Branche Gauche
- Intérêts pour le patient
  - Probable amélioration de la morbi-mortalité
  - ↓ Hospitalisations pour Insuffisance cardiaque et ↓ mortalité

# Conclusion



- Intérêts pour le praticien
  - Moins de temps d'intervention
  - Moins d'irradiation
  - Taux de complications similaire, moins graves?

Nécessité d'une étude prospective  
randomisée multicentrique de grande  
ampleur

THANK YOU  
FOR  
YOUR  
ATTENTION

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Miguel Navarro